

LIFE UNBOXED

Welcome to the Course!



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Welcome to Life Unboxed! Over 15 years ago we found that even though we had followed the path that had been laid out in our youth, we found ourselves feeling lost and discouraged. It was then that we started on our journey to self discovery and to learn the principles of success. After a time, we began sharing what we had learned with others and have now guided hundreds of people on this path and helped them learn and understand the path to living outside the box.

We are thrilled to now share that same journey with you!

Getting the Most out of this Course

Every Monday for the next 8 weeks you will receive a module to your email in-box. Each module will include a video presentation on a topic, a workbook with journaling activities, and some suggested reads, listens, and links. Set aside some quiet time to watch or listen to the class. Though it's tempting to multitask, you will be better able to listen and ponder if you wait until later to complete other tasks. We also encourage you to set aside quiet time to read through the workbook. It won't be long but it will require some introspection and thought. You will probably also find that in the days after the class and completing the workbook, ideas and thoughts will come to you. Make sure you write those down as your "inner guru" is trying to talk with you!

This course is designed to take 8 weeks to complete, each week building on the one before. Try to follow along with the course and not get behind. Change takes time and if you give yourself a slow and steady path it will be much richer and deeper.

If you haven't already, go and fill out the questionnaire so that we can get to know you, your current situation, and where you hope to go!

All our love,

Mike and Megan

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Additional Notes
